

## **EIGHT-WEEK WORK EXPERIENCE PROGRAMME**

Are you a student midwife looking to improve your CV in a competitive job market? This eight-week programme will make you stand out from the crowd.

**Working hours:** flexible, 8-10 hours per week

**Reports to:** Directors.

There are three core areas to the training programme:

### **Antenatal Education**

Antenatal education plays an integral role in preparing first-time parents for the life changes a baby brings. Our course not only prepares them for birth, but also looks at relationship and lifestyle changes, mental health and postnatal depression and how to care for a newborn.

- Shadow an experienced midwife and antenatal course leader as she teaches a five-week programme.
- Gain a more personal understanding of the parents' journey from pregnancy to parenthood.
- Have time to build a relationship with the couples in your class and meet their babies at the course reunion!

### **Midwife Meetups**

Working as a midwife is a continual journey of learning. We run a programme of networking events that encourages midwives from the community, delivery suite or wards to come together and share best practice. We like to discuss hot topics, giving practical information that our attendees can take back to their jobs and continually improve their practice.

- Organise a Midwife Meetup networking event for midwives working in your local town
- Help draw up an engaging, practical programme
- Liaise with speakers and organise the venue
- See the fruits of your labour, help run the event and start building your professional network

### **Research and content creation**

First-time parents face a tough challenge working out which advice they're given and which information on the internet is worth following. We try to make this easier for them, by adding evidence-based articles that give a balanced, unbiased view they can trust.

- Research and create written content that supports women prepare for pregnancy and birth
- Understand how to use social media to promote your written content
- Interested in blogging, why not try a post or two with us?

### **Apply to the programme:**

To apply for this programme, you must be currently training as a midwife, or recently graduated. You will need to be computer literate with good social media skills.

To apply for this programme please complete the Online Application form:

<https://www.newlifeclasses.com/8-week-work-experience-application/>